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## Senior care services cover broad spectrum

By [Teresa McQuerrey](#)

June 30, 2010

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As we grow older, many of us cannot do all the things we used to be able to do, but we are not ill.

In addition to the cleaning, landscaping and home repair services offered in the Rim Country, there are businesses that can help seniors stay in their home.

A senior not in need of health care, but just a little extra help around the house might consider the services offered by two non-medical in-home care providers: Caring Presence and Comfort Keepers.

Caring Presence is a non-medical in-home care provider, which works with clients to enable them to stay in the security and privacy of their homes, while remaining as independent, comfortable and stress-free as possible. Caregivers are bonded, insured, given background checks and random drug and alcohol testing.

Among the services provided are: free needs assessment, incidental transportation, light housekeeping, meal preparation, personal care, laundry, companionship, respite care, shopping, after-surgery care and hospice support.

Comfort Keepers is dedicated to providing the kind of non-medical care that helps enrich lives and maintain the highest possible level of independent living. Its employees are carefully selected, screened and trained. Among its in-home companionship and care services are: companionship, meal preparation, light housekeeping, errand services, grocery shopping, respite or relief for family, medication reminders, grooming and dressing guidance, incidental transportation, laundry and linen washing, recreational activities and crafts, mail assistance and organization, periodic reviews and communication with family, daily phone calls, emergency monitoring systems, and in some areas 24-hour or live-in care. Personal care services include: bathing, mobility, transferring and positioning, incontinence care, toileting, feeding, oral hygiene, special diet and meal preparation.

If a senior needs in-home health care, their doctor can work with the Payson Regional Medical Center's Home Health Services.

Home Health Services can be provided if a patient is homebound and requires skilled services; the services must be medically necessary and intermittent; and a physician must oversee the patient's care plan.

At some point, a senior's health may require the services offered in assisted living facilities. Payson has three such facilities: Payson Care Center, Powell House and Rim Country Health and Retirement Community.

Finally, it may be necessary to provide care designed to make an

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individual with a life-limiting condition as comfortable as possible. Hospice Compassus provides these specialized services.

As you think about your future or discuss the future needs of aging loved ones, the different levels of care offered in the community should also be part of the conversation.



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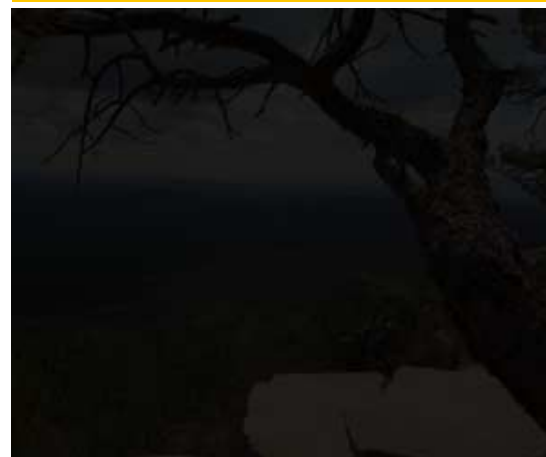
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