

ACOA's 'Ladies Night' program a success

Avoyelles Council on Aging hosted "Ladies Night Out" in Cottonport on April 15th it was a great success. There were 130 ladies in attendance with vendors from across the parish. The ladies enjoyed a night full of events. The evening kicked off with door prizes and a style show hosted by Stage and Kaboodles. The night ended with a yoga demonstration from the Total Gym and a shopping extravaganza. We would like to thank all our sponsors: Cottonport Fire Station, Humana, Scott Mai, Avoyelles Manor Nursing Home, Oceans Behavior Clinic in Bunkie, Bayou Vista Manor, STAT Home Health, Oakhaven Nursing Home, Bateman Senior Meals, Intrepid Home Health, Central Louisiana Home

Health, Hospice Compassus, Hospice Care of Avoyelles, Marksville Home Care, Bunkie Home Care, Bailey House Assisted Living, Journey Hospice, Synergy Home Care, Me and My Sister, The Wishing Well, Stage, Kaboodles, Etc and Annette James with Mary Kay.

We would like to also thank all the staff of the Avoyelles Council on Aging and the volunteers who made this night perfect for our ladies. This is an annual event for the Council on Aging and we hope to continue it for many years to come if you would like more information on this event or other events sponsored by the Avoyelles Council on Aging call Sabrina Sonnier at 318-253-9771.



Ladies' Night Out, hosted by the Avoyelles Council on Aging, featured refreshments and door prizes, as well as a chance for participants to be pampered with manicures and pedicures.

